

EPIC Index Report

by Dashr



Mya

Height: 5' 8"

Wingspan: -

Weight: 170 lbs

Reach: 90 in

Date of Birth: -

Sport: Women's Volleyball

Position: -

The EPIC Index uses a complex algorithm, backed by decades of research, to measure athletic ability. Each performance test (dash, pro-agility, and vertical jump) counts towards your overall score with a max score of 1000 per test. There is a 5 star system to help you see where you stack up and where you need work when looking to play at the college level and beyond. The score required for stars are sport specific. General athleticism is populated in this report. Go to our website at www.dashrsystems.com to see where you stack up in your specific sport.

EPIC Index

1495

Ten:
1.86 sec
Index: 472

Vert:
22.5 in
Index: 492

Agility:
4.68 sec
Index: 531

